

North Cherry Creek Counseling Center

Thank you for selecting North Cherry Creek Counseling Center. We will strive to provide you with the best possible care. To help us meet your needs, please fill out this form completely in ink. If you have any questions or need assistance, please ask us. All information, which you provide us, is strictly confidential.

Date: _____ Referred by: _____

Client Name: _____ DOB: _____

Address: _____

City: _____ State: _____ Zip: _____

It is important for you to understand that any means of communication is not without security issues. Email and phones messages are not secure and it is important that you have say in regards to the privacy of your information – Please indicate and Sign that you approves of these means of communication to convey both logistics and therapy content.

Email address: _____

Home Phone () _____ OK to leave message Y N

Work Phone () _____ OK to leave message Y N

Cell Phone () _____ OK to leave message Y N

I approve of these means of communication for both therapy logistics (appointment times) and content (homework and check in.) Logistics Y N Content Y N

Signature: _____

Employer Name & Address: _____

Gender: M F

Religious Affiliation: _____

Marital Status: (circle the applicable answer) How Long: _____

Single Engaged Married Remarried Separated Divorced Widowed

Spouse's Name: _____
(or Parent's Name, if minor)

DOB: _____

Home Phone () _____ OK to leave message Y N

Work Phone () _____ OK to leave message Y N

Cell Phone () _____ OK to leave message Y N

Spouse's/Parent's Employer & Address

Emergency Contact: _____

Their Daytime Phone ()

Evening Phone ()

Current Physician & Phone #:

Current Medications:

List all previous therapists and counseling experience:

Have you formally terminated therapy with your previous therapist? Yes () No () N/A ()

If yes, are you willing to sign a release of information? Yes () No ()

Family History:	Age or Date of Death	Health	Relationship positive or negative
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Natural Mother _____

Natural Father _____

Step-Mother _____

Step-Father _____

Siblings _____

Children:

**Has ANYONE in your family experienced any of the following:
(check any which are appropriate)**

- schizophrenia
- depression
- mood swings
- anxiety/panic attacks
- suicide or attempt
- sexual abuse
- physical abuse
- alcohol abuse
- drug abuse
- imprisonmen
- learning disability
- attention deficit

- mental retardation
- dementia/brain damage

Symptom & problem list: Check any which apply to you:

- no energy
- cannot enjoy life
- memory problems
- anxiety
- fatigue
- anger outbursts
- shortness of breath
- sweating
- hot flashes
- relives past event
- no loving feelings
- fears
- chest pains
- decisions difficult
- racing thoughts
- foolish business investments
- hard to make friends
- work problems
- out of control behavior
- take pain killers often
- mood swings
- unusual experiences
- physical numbness
- panic attacks
- vomiting
- miscarriage
- impaired vision
- back pain
- drug use
- insomnia
- disturbing memories
- low self-esteem
- poor appetite
- headaches
- nightmares
- heart palpitations
- clammy hands
- startles easily
- flashbacks
- hopeless feelings
- sexual difficulties
- suicidal thoughts
- overly confident
- distractibility
- sexual indiscretions
- socially withdrawn
- eating disorder
- drinking alcohol
- seeing things
- excess energy

- unsure of reality
- wish to die
- confusion
- weight change
- abortion
- impaired hearing
- muscle spasms
- tremors
- depressed
- guilt feelings
- poor concentration
- overeating
- dizziness
- unwanted thoughts
- racing heart
- stomach problems
- sleeps too much
- always on guard
- apathetic
- numbing out
- distrustful
- pressured speech
- buying sprees
- high risk activities
- family arguments
- often physically sick
- hearing voices
- losing track of time
- slowed thinking
- physical violence
- unsure of identity
- seizures
- pregnancy
- sporadic dieting
- blackouts/fainting
- hypertension
- hallucinations

Briefly describe why you have come and what you hope to accomplish from therapy:

How long has this been a need or an issue?

When is it better or worse?

Who can or does support you in the change process?

Anything else you would like to let me know or you think would be helpful to our time together: